

# How Time Flies



"I don't have time to do all I need time to do." Sound familiar? Planning our time is one of the most useful things we can learn. Knowing how long something will take can save time and tempers.

## What you'll need

- Paper
- Pencil
- Clock
- Calendar

## What to do

1. Together, write down your estimates of how long it takes to do certain tasks (such as getting ready for school or work in the morning; fixing a meal).

Use a clock to time at least one of these tasks. Then take turns timing each other. (But be realistic—it's not necessarily a race.)

2. See what part of a job can be done ahead of time, such as deciding at bedtime what to wear the next day.
3. Talk about at least 2 places you and your children go where you must be on time. What do you do to make sure you are on time?
4. Put a monthly calendar with large spaces where everyone can see it. Each member of the family can use a different colored marker to list appointments and social activities.



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*Being on time, or not being on time, affects other people. It is important for children to understand their responsibility for being on time—it's not just for grown-ups.*